

UASC HELP AND SUPPORT ACROSS BRIGHTON & HOVE

Mondays 10.30am-1.30pm	Migrant English Project	Free English lessons, meet people, free lunch, information	The Cowley Club, 12 London Road, BN1 4JA.
Mondays 3-6pm	Refugee Radio resilience project	Support group for migrants suffering from PTSD, anxiety, depression, stress	Community Base, 113 Queens Road, BN1 3XG 01273 234868/07809 583628 info@refugeeradio.org.uk
Mondays 3.45pm-5pm	Global Social Club Homework Club	Support with homework, help with English and Maths.	YPC, 69 Ship Street, Brighton BN1 1AE
Mondays 5pm-7pm	Global Social Club	A Youth Club with activities and specialist support for UASC 14-25 years (with food)	YPC, 69 Ship Street, Brighton BN1 1AE enquiries@hummingbirdproject.org.uk
Tuesdays 12.30pm	Jollof Café	Friendly group for asylum seekers. Lunch free or pay what you can	The Cowley Club, 12 London Road, BN1 4JA. Facebook.com/jollofcafe
Tuesdays & Wednesdays 12.30pm	Real Junk Food Project at St. Luke's Church	Great lunch, warm welcome, free or pay what you can afford.	64 Old Shoreham Road, (on corner of Stanford) BN1 5DD
1st and 3rd Tuesdays each month 11am-1pm	SIS Community Interpreting Drop-in at BMECP	Help with letters, phone calls, information and appointments for health and social care	BMECP Centre 10A Fleet Street, BN1 4ZE 01273 702005/01273 234825 www.sussexinterpreting.org.uk
Wednesdays 1pm	Real Junk Food Project at St. John Baptist Church	Great lunch, warm welcome, free or pay what you can afford.	St. John the Baptist Church Parish Hall, Bristol Road, BN2 1AP.
Fortnightly Wednesdays 11am (ask at Jollof Café)	Sussex Refugee and Migrant Self Support Group	Share experiences to help each other understand your legal situation	St. Mary's Church, 61 St. James's Street, Brighton BN2 1PR
Thursdays 10am-1pm	Migrant Welcome Project	Learn about Brighton, new friends, have fun	Voices in Exile, Kemp Town Rosa: 07907 409267
Thursdays 12.30pm	Real Junk Food Project	Great lunch, warm welcome, free or pay what you can afford	Hollingdean Community Centre, Thompson Road, BN1 7BH.
Fridays 10.30-12.30	Kemp Town Talks English	Fun English conversation classes for asylum seekers	St. Mary's Church, 61 St. James's Street, Kemp Town, BN2 1PR
Fridays 1pm	Real Junk Food Project at One Church	Great lunch, warm welcome, free or pay what you can afford	One Church, Gloucester Place, BN1 4AA.
	Mind Out	Mental health service run by and for LGBTQ people	01273 234839 info@mindout.org.uk www.mindout.org.uk
	Brighton Table Tennis Club	Asylum seekers welcome to play table tennis, practice English and make new friends	The Fitzherbert's Centre, 36 Upper Bedford Street Brighton BN2 1JP
	Jubilee Library	Public computers, free wifi, books to support	Jubilee Street, Brighton, BN1 1GE www.brighton-Hove.gov.uk/libraries

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		people learning English, online newspapers in other languages.	
Tuesdays 1.30pm-3.30pm Thursdays 2-4pm Fridays 11am-1pm	Voices in Exile	Immigration advice, food and money help. Phone advice.	01273 328598 36 Upper Bedford Street, BN2 1JP advice@voicesinexile.org